



Serving the Cities of River Oaks and Westworth Village

River Oaks News

Established 1939 • A Publication of Suburban Newspapers, Inc.

84th Year No. 2 • 7820 Wyatt Drive, White Settlement, Texas 76108 • www.suburban-newspapers.com • January 11, 2024

From the City of River Oaks

City Of River Oaks Logo Contest Deadline Today!

The City Of River Oaks is calling on all resident budding artists to help design the 75th Anniversary Logo. The winning Logo will be used as the Official Logo of the City for the entire 2024 year for the 75th Anniversary year celebration!

All entries must be original, unpublished, and must be submitted digitally, through the following email: alee@riveroakstx.com. Please consider incorporating the current

City Logo into the design. The deadline for entries is Thursday, Jan. 11 by 5:30 p.m.

City Council will determine the winner of this contest, and their decision will be final. The winner of the Logo Contest will be announced at the Jan. 16 City Council meeting. An award of \$100 in valuation will be awarded to the winning entry.

From the American Red Cross

Emergency Blood Shortage May Delay Medical Procedures; Upcoming Donation Opportunities

The American Red Cross is experiencing an emergency blood shortage as the nation faces the lowest number of people giving blood in 20 years. The Red Cross blood supply has fallen to critically low levels across the country, and blood and platelet donors are urged to make a donation appointment to help alleviate the shortage and help ensure lifesaving medical procedures are not put on hold.

Over the last 20 years, the number of people donating blood to the Red Cross has fallen by about 40%. When fewer people donate blood, even small disruptions to blood donations – such as the nearly 7,000-unit shortfall in blood donations the Red Cross experienced between Christmas and New Year’s Day alone – can have a huge impact on the availability of blood products and dramatic consequences for those in need of emergency blood transfusion. Blood products are currently going to hospitals faster than blood donations are coming in, and in recent weeks, the Red Cross has had to limit distributions of type O blood products – among the

most transfused blood types – to hospitals.

“Small changes in blood donor turnout can have a huge impact on the availability of blood products and dramatic consequences for those in need of an emergency blood transfusion,” said Dr. Eric Gehrie, executive physician director for the Red Cross. “More challenges may lie ahead as the potential for severe winter weather and seasonal illness may compound the dire blood supply situation. Donors of all types – especially those with type O blood and those giving platelets – are urged to give now.”

Don’t wait – to make an appointment, download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767).

The Red Cross and the National Football League (NFL) are partnering this January, during National Blood Donor Month, to urge individuals to give blood or platelets and help tackle the emergency blood shortage. Those who come to give blood, platelets or plasma in January will automatically be (continued on page 2)

SUBSCRIBE!

Click Here to have the **FREE** digital edition of the *River Oaks News* sent to your inbox every week!

From the City of River Oaks

Application Period for a Place on Ballot Begins Jan. 17

The City of River Oaks will hold an election on Saturday, May 4 for Place 2 and Place 4 on the River Oaks City Council. Applications for a place on the City of River Oaks Regular Election ballot may be filed Wednesday, Jan. 17 through Friday, Feb. 16.

Applications may be filed in person or by mail at City Hall, located at 4900 River Oaks Blvd.

Office hours are Monday through Thursday, 7:30 a.m. to 5:30 p.m.; Fridays from 7:30 a.m. to 11:30 a.m. and 7:30 a.m. to 5 p.m. on Friday, Feb. 17.

Contact City Secretary Paula Luck at 817-626-5421 x326 or by email at pluck@riveroakstx.com with questions or for more information.

Red Cross (continued from page 1)

entered for a chance to win a trip for two to Super Bowl LVIII in Las Vegas. For details, visit [RedCrossBlood.org/Super Bowl](http://RedCrossBlood.org/SuperBowl).

Who donations help

North Texas Red Crosser Alison Heidle, who works to find blood drive hosts and donors, knows firsthand how vital a readily available blood supply is. At 18 years old, two weeks from going to college, Heidle was involved in a car crash. Heidle's injuries required 25 units of blood and immediate surgery to save her life.

"Giving blood is such a compassionate human thing and a gift. You can't manufacture it or buy it in a store. You must rely on the goodness of other people. It binds us all together," Heidle said as she shared the importance of donating blood. After three months in the ICU, she left stronger.

Upcoming blood donation opportunities Jan. 8 – 31:

Tarrant County

• Friday, Jan. 12: 11 a.m. to 5 p.m., American Red Cross Fort Worth Office, 6000 Western Place #6000, Fort Worth, TX, 76107

• Saturday, Jan. 13: 11 a.m. to 4 p.m., Los Corazones Carmesi - Central YMCA, 2200 S. Davis Drive, Arlington, TX, 76013

• Thursday, Jan. 18: 12 p.m. to 6 p.m., The Parks Mall at Arlington, 3811 S Cooper St, Arlington, TX, 76015

Hood County

• Friday, Jan. 19: 11:30 a.m. to 5 p.m., Hood County YMCA, 1475 James Road, Granbury, TX, 76049

From the City of River Oaks

City Council Meeting Dates Changed

In January 2024, the regular City Council meeting days will change from the second and fourth Tuesdays of the month to the first and third Tuesday of the month, beginning Tuesday, Jan. 16. Ordinance # 1399-2023 changing the regular meeting days can be found at <http://www.riveroakstx.com/doc/1399meetingdays.pdf>.

E-CONN ELECTRIC 

Service, Remodel,
New Construction.
Insured/BBB Accredited.
C/C accepted. Tecl 20470

 **817-615-7164**
817-831-2600

Customer Satisfaction is Our Goal!

 **Callahan's Appliance Inc** *In-Home Service*
Sales • Service • Parts

Huge.....! Appliance Sale! *Scratch & Dent, Re-conditioned 20% to 50% Off Retail!*


817-244-5404 

8120 White Settlement Rd. FW 76108

 **White Settlement Historical Museum**

8320 Hanon Drive
White Settlement, Texas 76108
817-246-9719


Open: Tuesday - Saturday, 10 AM to 3 PM
Closed: Sunday & Monday
<http://www.wsmuseum.com>
FREE ADMISSION - GROUPS WELCOME!



Suburban Newspapers, Inc.
~ Veteran Owned ~

Publishers of the
*Benbrook News, River Oaks News and
White Settlement Bomber News*

Publisher: Boyden Underwood, publisher@suburban-newspapers.com
Editor: Emily Moxley, suburbannews@sbcglobal.net
Classifieds: Vee Horn, classifieds@suburban-newspapers.com
7820 Wyatt Drive, Fort Worth, TX 76108
817-246-2473
<http://www.suburban-newspapers.com>



10 Doctor-Recommended Health Resolutions for 2024

The New Year is the perfect time to hit the reset button on your health and wellness. Not sure where to start? Doctors say you can make the biggest impact with small, incremental tweaks to your routine.

“It is quite common after the holidays to think about all you’ve eaten or your reduced physical activity and get discouraged,” says Jesse M. Ehrenfeld, M.D., MPH, president of the American Medical Association (AMA). “But the good news is you don’t have to make major health changes in one fell swoop. You can make small, positive health choices right now that can have long-lasting effects.”

Want to get started today? Here are the 10 resolutions the AMA recommends top your list this year:

1. **Get moving.** Exercise is essential for your physical and mental health. The American Heart Association recommends that adults get at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity. Just can’t get to the gym? No problem: start off by going for a family walk, taking the stairs at work or parking a little farther away from the mall entrance when you’re making those post-holiday gift returns.

2. **Tweak your diet** to include more water and less sugar-sweetened beverages. Replace processed foods -- especially those with added sodium and sugar -- with nutritious, whole foods. Stock your fridge and pantry with fruits, vegetables, whole grains, nuts and

seeds, low-fat dairy products, and lean meats and poultry.

3. A number of respiratory viruses circulating this winter can be serious and even life-threatening. Get up to date on your vaccines to protect yourself and your family. These include the annual flu shot and the updated COVID-19 vaccine. Vaccines are also available to protect older adults from severe RSV. New tools to protect infants during RSV season include maternal vaccination and monoclonal antibody immunization. If you have questions, speak with your physician and review trusted resources, including getvaccineanswers.org.

4. **Get screened.** Estimates based on statistical models show that since April 2020, millions of screenings for breast, colorectal and prostate cancer may have been missed due to pandemic-related care disruptions. Check in with your physician. If you’re due for preventive care, tests or screenings, make an appointment. These measures are designed to keep you healthy and help your doctor spot certain conditions before they become more serious.

5. High blood pressure, often referred to as hypertension, can increase your risk of heart attack or stroke, and it affects millions of Americans. Visit ManageYourBP.org to understand what your blood pressure numbers mean and what you can do to get your blood pressure under control.

6. One in three American adults has prediabetes, a condition that can lead to Type 2 Diabetes if left unmanaged. However, healthy eating and exercise can help delay or even prevent the onset of Type 2 Diabetes. Learn your risk by taking a simple 2-minute self-screening test at DoIHavePrediabetes.org. This resource also features helpful lifestyle tips that can help you reverse prediabetes.

7. If consuming alcohol, drink only in moderation. The U.S. Dietary Guidelines for Americans defines that as up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.

8. Your health care provider can offer resources and guidance for quitting tobacco and nicotine. Declare your home and car smoke-free to eliminate secondhand smoke exposure.

9. Follow your doctor’s instructions when taking prescription drugs – especially opioids. Always store and dispose of medications safely to prevent misuse. Whenever prescribed antibiotics, take them exactly as directed. Not taking the full course can lead to antibiotic resistance, a serious public health problem, and will not make you feel better if you have a virus, such as a cold or flu.

10. Good mental health is part of good overall health. Manage your stress, get sufficient sleep, exercise and seek help from a mental health professional when you need it.

If you don’t have health insurance, the AMA encourages you to sign up for coverage because those with coverage live healthier and longer. Healthcare.gov has new, affordable insurance options. The enrollment deadline for 2024 coverage is Jan. 15, 2024. Find more health resources at ama-assn.org.

For a healthy 2024 and beyond, invest in your wellness with these doctor-recommended New Year’s resolutions.

Don Brown Tax Service, Inc.

We offer
REFUND ADVANCES

of \$500-\$7000
beginning Jan. 2*

*must qualify



Santa Barbara TPG
A Green Dot Company

Don Brown Tax Service, Inc.

1001 S. Cherry Lane
Fort Worth, TX 76108

817-367-0036

Call today to schedule your appointment!

First Woman on the Supreme Court - Sandra Day O'Connor



The Supreme Court of the United States is the highest court in the land and the last word on the authority and meaning of the Constitution short of an amendment. The court has handed down many decisions affecting American life and law. The justices who preside over the court sometimes become household names. Texas has produced a number of noted legal minds to serve on the court, including the nation's first woman justice, Sandra Day O'Connor.

Sandra Day was born in March 1930 in El Paso, the oldest of three children to ranchers Harry and Ada Day. The family also acquired a huge ranch in Arizona, so the future justice spent a lot of her childhood going back and forth between Arizona and Texas. Years later, she and her brother would compile some of their memorable childhood exploits in the book *"Lazy B: Growing Up on a Cattle Ranch in the American Southwest."*

At school, she excelled. Fellow students remembered her as extremely intelligent and very kind. She graduated from El Paso's Austin High School in 1946 at the age of 16. She quickly enrolled at Stanford University in California. She graduated with high honors in 1950, earning a degree in economics. Wanting to go further, she applied for and was accepted into Stanford Law School.

The law would change her life. At Stanford, she met and briefly dated future Chief Justice William Rehnquist. Rehnquist even went so far as to propose to her in 1951, but she declined. She soon began dating fellow student John Jay O'Connor of

California while the two worked on the school's law journal. After she graduated in 1952, the two married.

In spite of graduating from one of the nation's most prestigious law schools, she found it difficult to find a job as an attorney because she was a woman. No private firm would hire her, and even state and local prosecutors were reluctant to hire her. Eventually, she talked her way into a position with the San Mateo County prosecuting attorney's office as a deputy county attorney. She would receive no salary and would not even have her own office. Nevertheless, she worked hard to show her skill. Eventually, she was given a modest salary and given more responsibilities.

Her husband was drafted into the army in 1954. O'Connor went to Germany with him and worked as a civilian attorney with the army's Quartermaster Corps until her husband's honorable discharge in 1956. The two then moved to the Phoenix area where her husband had received a position with a noted local law firm. They would soon have the first of their three sons. For the time being, she stayed home with their growing family.

While she was raising her young sons, she began getting active in Arizona politics. Arizona's Sen. Barry Goldwater was the Republican nominee for president in 1964, and O'Connor volunteered for his campaign. Though Goldwater lost, in 1965, Democratic Gov. Samuel Pearson Goddard appointed her as Arizona's assistant attorney general. In 1969, Gov. Jack Williams, a Republican, appointed her to an opening in the state senate. She worked well with the senators of both parties, gaining a reputation as a moderate and an able negotiator and legislator. In 1973, she was named Senate Majority Leader, becoming the first woman in the country to head any state legislative chamber.

In 1974, she returned to the law and was appointed as judge for the Maricopa County Superior Court, a prestigious position on the highest court in the state's largest county. In 1978, she was elected to the Arizona Court of Appeals.

In July 1981, Supreme Court Justice Potter Stewart announced his retirement. President Ronald Reagan narrowed down a list of choices and decided to nominate O'Connor to fill the vacancy. She later reported she was surprised by the nomination and did not know she was a finalist for the position. By September, she was confirmed by the U. S. Senate to become the nation's first woman justice on the Supreme Court where she would serve for the next 24 years.

Part II

Sandra Day O'Connor had already made a mark on history by the time she was in her forties. In 1973, the Texas native became the first woman to head a state legislative chamber when she became Senate Majority Leader in the Arizona state senate. On August 19, 1981, the announcement (continued on page 5)

Texas History Minute (continued from page 4)

of a woman nominee to the U. S. Supreme Court made headlines around the world in a time when rights for women were advancing across the globe. El Paso native Sandra Day O'Connor would make history again.

Conservatives who had supported Ronald Reagan's election as president were initially concerned about her record as a moderate in the Arizona legislature. O'Connor, however, calmly won over her critics. In spite of their initial misgivings, her nomination was nevertheless approved by the Senate unanimously on Sept. 21. She was sworn in four days later.

Judicial independence was a recurring theme in her career on the bench. O'Connor did not take an ideological approach. Instead, she looked at each case individually, which often made it difficult to predict how she would decide a question before the court. Throughout her long career, her decisions both thrilled and frustrated both liberals and conservatives. In the end, she earned the respect of Americans across the political spectrum.

She tended to side with conservatives on the bench, including her old friend from Stanford Law School, William Rehnquist, who himself would become chief justice by 1986. O'Connor remarked that she felt a great deal of pressure being the first woman on the court. In the early 1980s, there were still very few women serving as judges, and she knew it would be difficult to name another woman to the court if she faltered and recognized her position as a role model for women looking to careers in the law. She often said, "It's wonderful to be the first at something, but I don't want to be the last."

Though she was still the newest member of the court, she quickly took a leadership role in deciding the culture of the court. Getting people to work together was a skill she brought to the Arizona legislature, and she began a Supreme Court tradition of the justices having lunch together to promote a sense of teamwork.

Questions surrounding religion, firearms, civil rights, and abortion routinely came before the court. In 1983, she ruled with the majority in *United States v. Place*, declaring that it was not unconstitutional for drug-sniffing dogs to sniff luggage and property in a public place, but it was unconstitutional to hold such luggage until a police dog arrived.

In 1986, in *Webster v. Reproductive Health Services*, four of the conservative justices were ready to overrule the controversial *Roe v. Wade* decision of 1973 that legalized abortion. O'Connor's vote in the Pennsylvania case was decisive in which she upheld the *Roe* decision but allowed limitations to be enacted. She was a skeptic in affirmative action cases before the court, but she often discussed the need for racial equality in education.

As her time on the court continued, she began becoming more of a swing vote on close decisions that divided the court. In 1993, she warmly welcomed Ruth Bader Ginsburg as the second

woman on the Supreme Court, and the two developed a respected working relationship though they disagreed on many decisions. As early as 2000, O'Connor began expressing a desire to retire from the court. Her husband's health was uppermost in her mind as he slowly succumbed to Alzheimer's Disease.

In *Bush v. Gore*, she was part of the majority in the controversial decision that ordered the State of Florida to end recounts in the 2000 presidential election, a contest that came down to the results in that state. In the years afterward, she often wondered whether the court should have intervened at all. In 2003, she wrote the decision in *Lockyer v. Andrade* that upheld California's "three strikes law" mandating life sentences for individuals convicted of their third felony.

In 2005, she announced her retirement from the court and was succeeded by Justice Samuel Alito. She soon became the chancellor at the College of William and Mary in Virginia. She would still sit in on cases as a visiting judge on occasion. In 2009, President Barak Obama awarded her the Presidential Medal of Freedom in honor of her work on the Supreme Court. In 2009, John O'Connor, her husband of 57 years, died. In 2013, she wrote a book on some of the interesting episodes in the history of the Supreme Court called "*Out of Order*."

In her later years, her brilliant mind began to fade. Alzheimer's Disease struck and began to take its toll. She began to get more forgetful, and her physical health was declining. In 2018, she announced her retirement from public life, discussing her health issues. She spent her last few years in a nursing home in Phoenix, with her family and friends protecting her privacy and dignity.

The nation's 91st Supreme Court justice died quietly in December 2023 at age 93.

Lunar Events in 2024: Full Moon Schedule

January 25 - Wolf Moon

February 24 - Snow Moon

March 25 - Worm Moon

April 23 - Pink Moon

May 23 - Flower Moon

June 22 - Strawberry Moon

July 21 - Buck Moon

August 19 - Sturgeon Moon

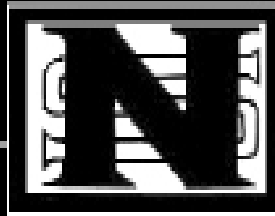
September 17 - Harvest Moon

October 17 - Hunter's Moon

November 15 - Beaver Moon

December 15 - Cold Moon

CLASSIFIEDS



817.246.2473

7820 Wyatt Drive • Fort Worth, TX • 76108

DEADLINE: Monday at Noon.

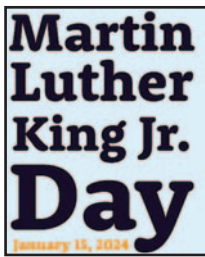
AIR & HEATING

PRECISION AIRE & HEAT

“Licensed and insured for your protection” Warranty on all parts and labor • Up-front pricing. No overtime charges. Senior & Military discounts. 100% Financing available. W.A.C. • All credit cards accepted. Call **817-563-COOL(2665)** TACLB26642

APLIANCES

HINCO SERVICES APPLIANCE REPAIR
We service most makes and models. Credit cards accepted. Insured. Warranty on parts and labor. **817-907-7749**



DRAIN CLEANING

Bill Blankenship Contracting Inc.

Sewers, sinks, grease traps, camera & locating.

A+BBB Rated contractingblankenship@outlook.com
Master Plumber M8479. **817-831-4000**

ELECTRIC SERVICES

CALL MORTON ELECTRIC

For All of Your Electrical Needs & Wants! No Job is too Small! Located in White Settlement & will serve the surrounding areas. Fair Prices! TECL 25541 John Morton **817-771-6356**

HANDYMAN

HARTMAN'S HONEY DO'S

We will do the job your Honey can't or won't. Lite-electrical, plumbing and carpentry. Fences, roof, tile & sheetrock repair. Handicap grab bars & much more. Free Est. **817-249-2028**

HOME IMPROVEMENTS

CARR'S REMODELING

Doors, windows, trim, carpentry, decks, fences. Int./Ext. painting, textures. Kitchens, bathrooms, room additions & carports. 30 yrs. Exp. Insured. **817-995-6968**

First hail hit your area?
Don't risk further damaging your home by letting yearly maintenance fall by the wayside. Schedule a free Roof Inspection now!
Insurance Claim Specialists
3232 Shawnee Trail
Fort Worth, TX 76135
817-831-2600
817-615-7164 (cell)
rob.g.ece@gmail.com
Your Local Roofing and Construction Company

GENERAL CONSTRUCTION
Add-ons, Additions,
Bathroom/Kitchen Remodel,
Patios, Carports
Registered Contractor
Fully Insured • A+ BBB Rating

ECE-LLC
ROOFING & CONSTRUCTION

HOME IMPROVEMENTS

Bill Blankenship Contracting Inc.

YOUR ONE STOP REMODELING CONTRACTOR
Residential/Commercial
Kitchens, baths, showers, add-ons, custom cabinets. lic.# M8479 A+BBB Rated
contractingblankenship@outlook.com
817-831-4000

ALPINE SERVICES. We do it All! Roofing, siding, patios, windows, brick work, foundations work, Ext./Int. Painting & Sheet rock, carpentry, wood & chain fencing, handicap work **817-296-2880**

PAINTING SERVICES

HAYWOOD PAINTING

Interior & Exterior. Remove popcorn, wallpaper, tapebed texture & exterior wood repair, Over 30yrs. exp. Ref. Free Est. Call **817-454-6489**

PLUMBING SERVICES

LONNIE BRAVO PLUMBING

Drain cleaning, slab leaks, electronic locate & repair. Sewer repair, gas test, tankless water heaters, bathroom & kitchen remodeling **817-715-6747**
M38813 Senior & Veterans discounts.

FINANCING AVAILABLE W/LOW PAYMENTS.
WWW.LONNIEBRAVOPLUMBINGLLC.COM

Bill Blankenship Contracting Inc.

Drain stoppage, water leaks, water heaters, sewers replaced, water repiping, camera sewers, faucets installed, gas lines, Repair/Replaced.

A+BBB Rated contractingblankenship@outlook.com
Master Plumber M8479. **817-831-4000**

IRRIGATION WORK

TIGERT & DAUGHTERS

Irrigation 25 yrs. exp.

We do it All!

817-480-8465 lic #4543

LANDSCAPE & LAWN SERVICE

ALEX'S LAWN SERVICE

FREE Est. Trash hauls, cleanup, tree trimming leaf removal & fertilizing. No job too Big/Small Sr. Disc. **817-793-9096.**

I MOW 4 YOU

Will Do Your Lease Work!

Free Estimates W/Scheduled Work!

817-988-2249



TILE WORK

Bill Blankenship Contracting Inc.

Tubs, showers, floors, backsplashes etc.

A+BBB Rated, contractingblankenship@outlook.com

817-831-4000

TREE SERVICES



Father & Son Tree Service

"We Go Out On A Limb For You"

- * Trimming * Removals
- * 24 Hour Storm Response * No Tree Too Small or Large * Dead Wood, Mistletoe Removal * Sick Tree Treatment * Tree Repair
- * Cabling * Stump Grinding * Lot Clearing

Don't Let

Tree Limbs

Damage Your Property

SENIORS, FIRST RESPONDERS & HEALTHCARE WORKERS DISCOUNTS
Call Us For FREE Estimates &

ROOFING

ANDERSON ROOFING

ESTABLISHED 1982,
BBB, FT. WTH.

CALL TODAY

817-230-9215 OR
817-705-3656

FREE ESTIMATES, FREE MATERIAL UPGRADE OR 16% DISCOUNT!

A FAMILY-OWNED & OPERATED COMPANY

TREE SERVICES

Chad's Tree Service

Insured For Your Protection

- Trimming • Removals • Stump Grinding
- Systematic Tree Feeding



Satisfaction Guaranteed

FREE ESTIMATES

817-246-5943 or **817-221-2201**

ROOFING

McNoble Roofing and Siding

BBB A+ rated. Local, affordable, dependable. We do all forms of home remodeling including: roofing, siding, fences, patio covers, carports, pergolas. We Work well with all insurers. Most roofs done in one day

Call today for free estimate Arron (817)808-8249 or John (817)566-5268 <http://mcnoble-exteriors-llc.business.site>

REAL ESTATE

FOR SALE SELLER MOTIVATED 3/2/2 well maintained, one owner. Has sprinkler system, shed with electricity, cedar fence. Open concept, Refrigerator to stay. In a well established area \$295,700. CALL C-21 **817-233-5339**

Picture Your Ad Here!

email: suburbannews@

sbcglobal.net

BUSINESS DIRECTORY



SUBURBAN NEWSPAPERS, INC.

White Settlement Bomber News • Benbrook News • River Oaks News

7820 Wyatt Drive Fort Worth, TX 76108

(817) 246-2473

www.suburban-newspapers.com



AIR & HEATING

PRECISION Aire & Heat
817-563-2665
precisionaire@sbcglobal.net

APPLIANCES

CALLAHAN'S APPLIANCE
8120 White Settlement Rd
817-244-5404

COMPUTERS

MICHAEL'S PC Repair
817-945-2667
michaelspcs@hotmail.com

ELECTRIC

E-CONN ELECTRIC
(817) 831-2600
(817)-615-7164

FENCING

LYNCO Fencing
817-246-5641

BOB YOUNG Fencing
817-495-5543

bobyoungfences@hotmail.com

INSURANCE

PETER POLINSKY Insurance
817-560-9400
peter@polinsky-insurance.com

REAL ESTATE

TAMMY WRIGHT, BROKER
Wright Realty Services DFW
Cell: 682-472-9041
wrightrealtyservicesdfw@gmail.com

LANDSCAPE/LAWNS

I MOW 4 YOU
817-988-2249

corvetteron@hotmail.com
ALEX'S Lawn Care
817-793-9096

PLUMBING

LONNIE BRAVO Plumbing
817-715-6747
lonniebravo@sbcglobal.net

IRRIGATION/SPRINKLERS

TIGERT & DAUGHTERS
817-480-8465
irrigator4543@gmail.com

TREE SERVICE

CHAD GREEN Tree Service
817-246-5943 or 817-800-6059 (cell)

PAINTING

HAYWOOD Painting
817-371-8597

REMODELING

ECE Construction LLC
817-831-2600
817-615-7164

ROOFING

ECE ROOFING LLC
817-831-2600
817-615-7164

MCNOBLE ROOFING and SIDING

817-808-8249 or 817-566-5268
mcnoble-exterior-llc.business.site

SERVICES PROVIDED

AMERICAN LEGION Post 297
817-249-2791
alpost297@sbcglobal.net
Medicare Supplement Insurance
Turning 65 Help & Under 65 Plans
Marilyn-Kaye.com or 817-874-7569

Business Directory Listings - \$10 per month!
ca.suburbannews@sbcglobal.net • 817-246-2473

Weekend Forecast



Friday, Jan. 12:

AM - A 20% chance of showers before 7am. Sunny, with a high near 47. Windy, with a W/NW wind 25 to 30 mph decreasing to 15 to 20 mph in the afternoon. Winds could gust as high as 45 mph.
PM - Clear, with a low around 30. W/NW wind 5 to 10 mph becoming SW after midnight. Winds could gust as high as 20 mph.



Saturday, Jan. 13:

AM - Sunny, with a high near 56. South wind 10 to 15 mph, with gusts as high as 20 mph.
PM - Mostly clear, with a low around 26. South wind around 15 mph, with gusts as high as 25 mph.



Sunday, Jan. 14:

AM - Partly sunny, with a high near 36. South wind around 15 mph becoming north in the afternoon. Winds could gust as high as 25 mph.
PM - Mostly cloudy, with a low around 9. North wind 15 to 20 mph, with gusts as high as 30 mph.

Extended Forecast [Click Here](#)